A.

**Accessible Spaces**
1-800-466-7722; 565 Burton St, Missoula, 59802; Email: info@accessiblespace.org
- Provides subsidized housing for head of households with physical disabilities, and/or traumatic brain injuries.

**Al-Anon**
www.al-anon.org; Email: wso@al-anon.org
- Fellowship and support for families of alcoholics.

**Alcoholics Anonymous (Area 40) (AA)**
543-0011; 888-607-2000; 1500 W. Broadway St. Missoula www.aa-montana.org
- Fellowship and support for those recovering from alcoholism.

**American Red Cross of Montana**
2401 North Reserve Street Missoula 59808; Emergency line: 1-800-ARC-MONT; www.montanaredcross.org
- Provides disaster relief including food, shelter, basic needs; safety and first-aid classes. Also offers services to military families.

**A.W.A.R.E.**
728-6446; 500 N Higgins Ave #202, Missoula 59802 M-F 8-5; www.childrensresources.org
- Offers child care payment assistance for low-income families, referrals for families seeking child care providers, a resource library, nutrition reimbursement and training for child care providers.

**Blue Mountain Clinic**
721-2380; 1520 S. Russell Missoula; M-F 9-5; www.bblsmissoula.org
- Case management, residential and training services for adults with developmental disabilities, group homes and case management for children and adults needing treatment for emotional disturbances.

**Big Brothers and Sisters**
721-2380; 1520 S. Russell Missoula; M-F 9-5; www.bigbrotherssisters.org
- Volunteers spend 2-3 hours per week for at least 1 year building mentor relationships with children 6-14. Also offers school-based mentoring for 1 hour per week during the school year.

**Blind/Low-Vision Services**
329-5400; 2675 Palmer Ste. A Missoula; M-F 8-5
- Provides low-vision testing, daily living skills training and employment services for people who are visually impaired or blind.

**Community Dispute Resolution Center**
543-1157; 1535 Liberty Lane Suite 117A Missoula 59808; http://cdrcmissoula.org/
- Confidential mediation services at little or no cost. Programs specialize in solving landlord/tenant problems, parenting plans, employment disagreements, and family conflicts.

**City Food Ministries**
721-7804; 2811 Latimer St.; Food distribution Sat 10-12 pm;
- A program of Clark Fork City Church and member of the Montana Food Bank Network, City Food Ministries provides food to those in need

**Child Development Center**
549-6413; 800-914-4779; 3335 LT Moss Road, Missoula, 59804 M-F 8-5
www.childdevcenter.org
- Provides services and intervention for children up to age 21 who have (or are at risk of) a developmental disability. Free developmental screening for children up to the age of 5.

**Child Support Enforcement**
329-7910; 2675 Palmer St., Ste. C Missoula; M-F 8-5 www.childsupport.mt.gov
- Provides federally mandated child support enforcement services.

**Christian Life Center Food Pantry**
542-0353; 3801 S. Russell Missoula; 2nd and 4th Mondays 4:30-6pm
www.missoulachurch.com
- Provides food to those in need.

**CASA of Missoula**
542-1208; 1018 Burlington Ave Suite 200, Missoula 59802; www.casamissoula.org
- Court Appointed Special Advocates instruct volunteers to become advocates for abused and/or neglected children in the child welfare system.

**Catholic Social Services**
728-5429; 420 West Pine Missoula; www.cssmt.org
- Offers open adoption services and free, confidential parenting and adoption counseling for people of all faiths.

**Crime Victim Advocate Program**
258-3830; 317 Woody St. Missoula; M-F 8:30-4:30 Wed 8:30 - 3pm
www.co.missoula.mt.us/rvs/cva.htm
- CVA provides crisis counseling, advocacy and safety planning for victims of domestic violence, child abuse and other forms of partner family member assault (PFMA) CVA assists in obtaining orders of protection.

**Expanded Food & Nutrition Education Program (EFNEP)**
258-4200; 2825 Santa Fe Court (County Missoula Extension Office) M-F 8-5, evenings by appointment; http://www.missouladuplace.org/
- Nutrition, meal planning and cooking instruction. Focus is on spending the food dollar wisely while providing good nutrition. Free for limited income families.

**Missoula Early Head Start**
251-9410; 2121 39th St. Missoula; M-F 8-4:30; www.ravalleadstart.org
- Serves families with children from 0-three and pregnant women. Services include child development, health and wellness, and family services. Home-based programs include weekly home visits, bi-monthly parent/child groups. Center based program provides sit based childcare from 8-3 M-F. All programs are no cost to low income families in Missoula County.

**Missoula BASIC Resources**
A list of local agencies and organizations that assist those in need (January 2019)

WORD does not discriminate on the basis of age, race, religion, gender, national origin, sexual orientation, marital status or disability. This publication is created and distributed by:
F. Family Promise 
207-8228; 202 Brooks St. Missoula 59801; appointment only
Email: casemanager@familypromisemissoula.net; familypromisemissoula.net
Provides shelter and case management to homeless families and pregnant women through a network of churches.

Families First / Missoula Children’s Museum 
406-721-7690; www.childrensmuseummissoula.org
Child rearing information, guidance and support for parents. Play groups for kids and individual consultations or support groups for parents/grandparents. Fees (sliding scale) for some classes. Monthly continuing education for professionals.

First Call For Help (211) 
549-5555, or call 211; 1801 S Higgins Missoula; M-F 10-5
First Call for help provides detailed information on all agencies listed in this guide, as well as additional community services, non-profit agencies and support groups. Limited financial assistance available.

First Step 
329-5776; 500 West Broadway St. Missoula 59802; www.saintpatrick.org
Provides assessment, treatment, education and prevention to promote healing for child victims of abuse, neglect, endangerment, child witness to violence and adult victims of sexual assault.

Food Bank of Missoula 
406-549-0543; 1720 Wyoming St, Missoula, 59801. M, T, Th 10am-7pm; W, F 10-1; www.foodbankofmissoula.org
Emergency supply of food, monthly visits allowed. Brief screening interview for information and referral.

Green Path Financial - Consumer Credit Counseling 
543-1188; 1515 Fairview Ave, Ste 205; Missoula; Mon-Fri 9-5;
Financial management, counseling and education. Debt repayment program for a small fee.

H. Head Start 
728-5460; 1001 Worden Missoula; M-F 8-5; www.mtheadsrart.org
Free preschool, child care, weekly home visits and supportive services for families who are income eligible or have special needs.

Healthy Montana Kids 
877-543-7669
Help to provide comprehensive health coverage to uninsured MT children who live in families with an annual income below $50,000.

Hope Recovery Center 
532-9900, 1201 Wyoming Street, Missoula, MT 59801; info@recoverycentermissoula.org; www.RecoveryCenterMissoula.org
Designed to meet the needs of those suffering from substance use disorders/ addiction and co-occurring psychiatric disorders.

Home Resource 
541-8300; 1515 Wyoming Missoula; Mon-Thurs 9-6; F-Sat 9-5:30; Sun 10-4; www.homeresource.org
A non-profit building re-use center offering workshops, volunteer opportunities and sales of salvaged and refurbished building materials.

homeWORD 
532-4663; 1535 Liberty Ln. #116a, Missoula www.homeword.org; Mon-Thurs 8-5; Fri 8-12pm
Home ownership center offers homebuyer education & financial education classes, open to the public. One-on-one financial counseling available. Provides unique rental housing with affordable rents for qualifying families and individuals.

Human Resource Council 
728-3710; 1801 S Higgins Missoula; M-F 8:30-5; www.hrxc.i.org
Rental assistance (HUD sec. 8), energy costs (LIEAP, Energy Share) and energy conservation (weatherization) assistance, employment and training for youth and WORC teen parents, home owner rehab loans, support & assistance for disabled indigent adults.

La Leche League of Missoula 
406-493-1813 http://www.lalecheleague.org; Email: missoulall@gmail.com
Provides education and support to breastfeeding mothers. Please call, email or check facebook for more information.

The Lifelong Learning Center 
549-8765; 310 S Curtis Missoula; M-F 8a.m.- 8p.m.; www.thelifelonglearningcenter.com
Adult Basic and Literacy Education. Basic skills classes, pre-employment program, English as second language classes, GED classes and testing and college preparation. Even Start program promotes family literacy. Some daytime and evening classes offered at no cost.

L. Lutheran Social Services 
549-0147; 1515 Fairview Ave; Missoula; www.lssmt.org/
Adoption services both domestic & international. Free birth parent counseling.

Missoula Aging Services 
728-7682; 337 Stephens Missoula; M-F 8-5; www.missoulagingsservices.org
Advocates for seniors and assists with housing, medical benefits, care management, meal programs, transportation and financial management. Clearing house for seniors interested in volunteering in the community. Aging and disabilities Resource Center.

Missoula Alliance Church Garage 
251-3983; 100 E Foss Ct, Missoula, MT 59803; by appointment only.
Minor auto maintenance for single parents. Oil check/fill fluids.

City/County Health Department 
406-258-4770; 301 W Alder Missoula; Mon, Tues, Thurs, F 9-11:30, 1-4:30; Wed 10-11:30, 1-4:30; www.missoulacounty.us/government/health/health-department
Offers maternal and child health services, including prenatal classes, home visits and breastfeeding support. Services offered at the out-patient clinic for adults and children include immunizations and pregnancy testing. Nutrition services including WIC, EatSmart and CATCH are also available.

Missoula Forum for Children and Youth 
258-3020; 223 W Alder St, Missoula, MT 59802; www.missoulaforum.org
Missoula Forum for Children and Youth is the hub of five coalitions: Healthy Start Council; Media Literacy Community Action Team; Missoula Adolescent Pregnancy, Parenting & Prevention Services (MAPPPS); Missoula Underage Substance Abuse Prevention (MUSAP); and Youth Development Network.

Missoula Housing Authority 
549-4113; 1235 34th Street; Mon-Thurs 8-5; www.missoulahousing.org;
HUD-subsidized housing: Public Housing and Section 8. Intake/information application online at www.missoula.house

Missoula Urban Indian Health Center 
829-9515; 830 West Central Ave. Missoula 59801; M-Th 8:00-5:00 F 8-noon; www.muihc.org
Services include outpatient chemical dependency counseling, youth tobacco prevention, assessments and group counseling. Health referral programs, diabetes/health education, private HIV testing/counseling. Sliding fee scale if determined eligible. Transportation to health services. Behavioral health clinic available.

Missoula Interfaith Collaborative 
406-207-8228; located in St. Paul Lutheran Church 202 Brooks St. Missoula
Mon-Fri 9-5  www.micmt.org
Made up of individual and congregation partners who came together with people affected by various struggles, as well as social agencies and businesses involved in addressing community challenges. Refers to the Welcome Back program.

Missoula Job Service 
728-7060; 539 S 3rd W; Mon, Wed, Thurs, Fri 7:30-6 Tues. 9-6; www.wsd.dli.mt.gov/local/missoula/
Employment counseling, proficiency/aptitude testing, job referral training and placement. Computer Resource Center includes internet access, resume assistance, Montana Career Information System and Microsoft WORD access. Employer services. All services offered at no charge.
Missoula Public Library
721-2665; 301 E Main; Mon - 10-9, Thurs-Sat 10-6, Sun 1-5
Closed on all Legal Holidays www.missoulapubliclibrary.org
• Persons may checkout reading materials, music CDs, audio and video cassettes.
Story times for kids of all ages. Public access to internet.

Missoula Urban Demonstration Project (MUD)
549-6790; 1527 Wyoming St, Missoula, MT 59801; Office: Mon-Fri 1-4pm; Tool Library: Fri 4-7 Sat & Sun 10-4 Mon 4-7; www.mudproject.org
• Provides tool lending library, self-relying living classes (such as organic gardening, basic construction & home improvement skills) and a community-focused demonstration site to residents of the Missoula urban area.

Missoula Self Help Law Center
406-277-9696; Missoula County Courthouse; 200 West Broadway, 2nd Floor Room 271 M-F 8:30am-4:00pm Email: missoulaSelfHelp@gmail.com
• Provides assistance to those who cannot afford an attorney or who choose to represent themselves in civil legal matters.

Montana Community Development Corp (MCDC)
728-9234; 844-728-9234; 229 East Main St. Missoula 59802; M-F 9-5; www.mofl.org
• Nonprofit, community development lender; business loans and consulting services for start-up and existing businesses that can’t access bank financing; down payment assistance for homeownership.

Montana Fair Housing
782-2573, 1-800-929-2611; 501 East Front Street, Suite 504, Butte, MT 59701;
inquiry@montanafairhousing.org; www.montanafairhousing.org
• Provides educational opportunities for industry representatives and consumers. Technical assistance for housing providers and consumers to ensure they understand their rights and obligations as provided by local, state, and federal non-discrimination laws.

Montana Legal Services Association
543-8343; 800-666-6899; 211 N Higgins, Ste. 401 Missoula
Mon-Thur 8:30-5:30 Friday by appointment only; www.mtlsa.org Ask questions free online at www.askkarla.org
• Services include assistance for problems related to family law, domestic violence, housing, bankruptcy law, landlord/tenant disputes, public benefits and consumer law.

Montana Vocational Rehabilitation
329-5400; 1-888-279-7528; 2675 Palmer St., Suite A Missoula; Mon-Fri 8-5
• Helps people with permanent disabilities return to competitive employment. Variety of services including counselor on-the-job training, job location services and assessment to determine potential.

Mountain Home Montana
541-4663; 2606 South Ave. W. Missoula; Mon - Fri 9-5 www.mountainghomemontana.org
• A transitional housing program for homeless young women ages 16-24 who are pregnant or parenting.

N.

NAMI: National Alliance on Mental Illness
202 Brooks St., Rm 210, Missoula; www.namimissoula.org
• Supports, educates, and advocates for Montanans with mental illnesses and their families.

Narcotics Anonymous Hotline
1-800-974-0062
• Provides meeting times, places and directions.

Office of Public Assistance
1-888-706-1535; 2677 Palmer St., Ste. 100 Missoula; M-F 8-5pm
www.dphhs.mt.gov/hcsd/snap.aspx
• Access to S.N.A.P. (Supportive Nutrition Assistance Program, Child Care Assistance, Energy Assistance, Medicaid, and TANF (cash assistance).
• Provides support for TANF participants to transition into employment and become self-sufficient. Educate people on job hunting, assist with resumes, make job referrals and provide supportive services for employment-related expenses.

Open Aid Alliance (formerly Missoula AIDS Council)
543-4770; 1500 W. Broadway Ste. A Missoula; Mon-Thurs 9-5; Fri 9-3
www.openaidalliance.org
• Offers free, anonymous HIV testing by walk-in or appointment (rapid results in 20 minutes); STI screening and syringe exchange program; case management and housing assistance to people living with HIV; outreach and education about HIV to the community. Treatment services including peer support and peer support groups.

Open Way Mindfulness Center
549-9005; 702 Brooks Avenue, Missoula 59801, Tuesday 7pm-9pm
• Free to attend and open to everyone. The format includes two periods of sitting meditation with walking meditation in between, followed by either a tea ceremony, dharma discussion, dharma talk, sutra service, or reading the mindfulness trainings

Opportunity Resources
721-2930; 2821 S Russell Missoula; M-F 8-5; www.orimt.org
• Training and employment services for adults with disabilities. Also offers in home assistance and direct support for adults with developmental, intellectual or physical disabilities.

P.

Parenting Place
728-5437; 1644 S 8th W Missoula; M-Th 9-4 Fri by appointment only; www.parentingplace.net
• Parenting classes, respite care, and volunteer parent aides and mentors.

Parents, Let’s Unite for Kids
255-0540; www.mtpluk.org
• PLUK is a free parent training and information center offering support, assistance, referral service, workshops and a special education library to parents of children with disabilities and chronic illness.

Partners in Home Care
728-8848; 2687 Palmer St., Ste. B Missoula; Mon-Fri 8-5
www.partnersinhomescare.org
• Support and care for patients diagnosed with an illness and a life expectancy of six months or less. Provides hospice care as well as palliative care for pain management.

Partnership For Children
543-5531; 2825 Stockyard Rd Suite A11
• Offering short-term and longer-term group home care, guidance and treatment to children in need. Support and train foster parents.

Partnership Health Center
258-4789; 401 Railroad St W, Missoula; M,W, F 8-6 Tues 9-6 Thur 8-7
www.partnershiphealthcenter.com
• Primary health care for all, with sliding scale fees for those not covered by Medicaid, Medicare, or insurance. Confidential HIV counseling and testing. Breast and Cervical Health Program for low-income women 50-64, Health care for the homeless, OB care, limited pharmacy, dental and mental health services also available.

Planet Kids
542-3346; 1130 W Broadway Missoula; Call for more information
• Supervised visitation and exchange center offers on-site monitoring, exchange monitoring and referrals for resident and non-resident parents and their children.

Planned Parenthood
728-5490; 219 E Main Missoula; M, T, Th, F 9-6 & Sat 9-12
www.plannedparenthood.org/montana
• Reproductive health care, contraceptives, education and counseling for men and women. Testing and medical services for pregnancy and sexually transmitted infections. Fees on a sliding scale.

Poverello Center
728-1809; 1110 W. Broadway Missoula; Open 24/7; www.thepoverellocenter.org
• Provides meals and supportive services to Missoula’s homeless populations

Salvation Army
549-0010; 355 S. Russell, Missoula 59801;
• Emergency assistance with food, lodging, bus transportation, showers, laundry and household necessities. Winter housing assistance. Gateway referral point to family shelters in Missoula.
Watson Children’s Shelter
549-0658; 2901 Fort Missoula Rd. & 4978 Buckhouse Ln. Missoula
www.watsonchildrenshelter.org
❖ 24-hour emergency shelter for children ages 0-14 in crisis situations.

Western Montana Mental Health Center
Mental Health Emergency Hotline: 532-9710
1315 Wyoming St. Missoula; www.wmmhonline.org

Services:
Adult Mental Health Services: 532-9700, 1315 Wyoming Missoula
 Email: missoulaadults@wmmhc.org
❖ Provides counseling and support for adults with mental illness.
Child and Family Service Network: 532-9770 Fax: 541-3034
Mon-Fri 8-5; 1305 Wyoming Missoula
Email: missoulachildren@wmmhc.org

Missoula Addiction Services
532-9800; 1325 Wyoming Missoula; M-Th 8:30-6pm & Fri 8:30-4pm
www.westernmontanaaddictionservices.org
Flagship: 532-9825 Fax: 541-3032; 1325 Wyoming Missoula
www.flagshipprogram.org
❖ Community/school partnership with a focus on prevention, bringing community resources to schools, connecting young people with community and providing after-school and summer activities.

WIC (Women, Infants, and Children)
258-4740; 301 W. Alder Missoula; Email: WIC@co.missoula.mt.us
Mon-Wed 8-5:30, Thu 8-6, Fri 8-5
❖ Provides specific nutritious foods needed during pregnancy and early childhood. Nutrition information, referrals to health and social service agencies and breastfeeding support. Now on the ewic card.

Winds of Change Mental Health
541-4673; 1120 Cedar St, Missoula; 529-4673 24/7 Crisis line
www.windsinchemgancenoma.com
❖ Community rehab/support and targeted case-management. Offers referral, advocacy, resources, treatment planning, monitoring and follow-up of adult mental health issues, including psychiatric medication management and outpatient therapy. Sliding fee scale will diagnose.

Women’s Opportunity & Resource Development (WORD)
543-3550; 2405 McIntosh Loop Missoula; Mon-Thomas 9-5; www.wordinc.org
❖ Families in Transition provides Family Advocacy, housing counseling & parenting education with goals to strengthen families and prevent homelessness.

Summer Arts and Leadership Camp for children 8-14 who are homeless.
❖ Family Resource Center offers information on parenting, education, literacy development, availability of computers, lending library, resources and referral.

YWCA of Missoula
543-6691; 542-1944 (24-hr crisis line); 1130 W Broadway Missoula;
Walk-in hours: Mon-Fri 12-4; www.ywcaofmissoula.org
❖ Food, shelter, counseling and support groups for survivors of domestic and sexual violence.
❖ Place Transitional housing, An 18 – 24 month independent living program that offers housing on a sliding fee scale, case management, and counseling services.
❖ Emergency Housing, A 30 – day program for homeless families with children;
❖ Rapid Re-Housing, Rent and deposit assistance & support services for unsheltered homeless families;
❖ Gateway Assessment Center, An assessment, referral, and supportive services program that helps with short-term motel stays for homeless families

Youth Dynamics
406-728-9672; Fax: 406-728-9716  619 SW Higgins, Unit E, Missoula 59803; www.youthdynamics.org
❖ Helps young people with problems. Services include parent education and support, youth mentors, individual and family therapy, youth case management, respite care, foster care, supervised visits, therapeutic youth group homes, supported independent living skills, day treatment, and medication management.

Youth Homes Outpatient Counseling
721-2704; 541-1663 Email: info@youthhomesmt.org; www.youthhomesmt.org
❖ Youth Homes cares for children who are facing abuse, neglect, emotional trauma and substance abuse problems. Emergency shelters, therapeutic group homes, foster care adoption programs and counseling services for children.