

# Missoula BASIC Resources

A list of local agencies and organizations that assist those in need (January 2019)

## A.

### Accessible Spaces

1-800-466-7722; 565 Burton St, Missoula, 59802; Email: [info@accessiblespace.org](mailto:info@accessiblespace.org)  
❖ Provides subsidized housing for head of households with physical disabilities, and/or traumatic brain injuries.

### Al-Anon

[www.al-anon.org](http://www.al-anon.org); Email: [wso@al-anon.org](mailto:wso@al-anon.org)  
❖ Fellowship and support for families of alcoholics.

### Alcoholics Anonymous (Area 40) (AA)

543-0011; 888-607-2000; 1500 W. Broadway St. Missoula [www.aa-montana.org](http://www.aa-montana.org)  
❖ Fellowship and support for those recovering from alcoholism.

### American Red Cross of Montana

2401 North Reserve Street Missoula 59808;  
Emergency line: 1-800-ARC-MONT; [www.montanaredcross.org](http://www.montanaredcross.org)  
❖ Provides disaster relief including food, shelter, basic needs; safety and first-aid classes. Also offers services to military families.

### A.W.A.R.E.

543-2202; 1055 W Sussex Ave, Missoula 59801; M-F 8-5; [www.aware-inc.org](http://www.aware-inc.org)  
❖ Case management, residential and training services for adults with developmental disabilities, group homes and case management for children and adults needing treatment for emotional disturbances.

## B.

### Big Brothers and Sisters

721-2380; 1520 S. Russell Missoula ; M-F 9-5; [www.bbbsmissoula.org](http://www.bbbsmissoula.org)  
❖ Volunteers spend 2-3 hours per week for at least 1 year building mentor relationships with children 6-14. Also offers school-based mentoring for 1 hour per week through the school year.

### Blind/Low-Vision Services

329-5400; 2675 Palmer Ste. A Missoula; M-F 8-5  
❖ Provides low-vision testing, daily living skills training and employment services for people who are visually impaired or blind.

### Blue Mountain Clinic

721-1646; 610 N California; Mon, Tues, Thurs 9-6, W 9-5, Fri 9-1;  
[www.bluemountainclinic.org](http://www.bluemountainclinic.org); Fax: (406) 543-9890  
❖ Full service family medical practice providing medical care to women, men and children, including physicals, pregnancy testing, pregnancy prevention and contraception, well child care, counseling services, safe abortion care, acupuncture, and reproductive care.

## C.

### Care Net Pregnancy Center

549-0406; 1515 Fairview Ave #250, Missoula, 59802; <http://www.carenetmissoula.org/>  
❖ Provides free pregnancy testing, STI testing, ultra sounds, counseling, practical help/support groups, and information on all options. Offers diapers, baby and maternity clothes.

### CASA of Missoula

542-1208; 1018 Burlington Ave Suite 200, Missoula 59802 [www.casamissoula.org](http://www.casamissoula.org)  
❖ Court Appointed Special Advocates instruct volunteers to become advocates for abused and/or neglected children in the child welfare system.

### Catholic Social Services

728-5429; 420 West Pine Missoula; [www.cssmt.org](http://www.cssmt.org)  
❖ Offers open adoption services and free, confidential parenting and adoption counseling for people of all faiths.

### Child and Family Services Abuse and Neglect Reporting

1-866-820-KIDS (5437)  
❖ Statewide toll-free number for reporting child abuse/neglect.

### Child Care Resources

728-6446; 500 N Higgins Ave #202, Missoula 59802 M-F 8-5;  
[www.childcareresources.org](http://www.childcareresources.org)  
❖ Offers child care payment assistance for low-income families, referrals for families seeking child care providers, a resource library, nutrition reimbursement and training for child care providers.

### Child Development Center

549-6413; 800-914-4779; 3335 LT Moss Road, Missoula, 59804 M-F 8-5  
[www.childdevcenter.org](http://www.childdevcenter.org)  
❖ Provides services and intervention for children up to age 21 who have (or are at risk of) a developmental disability. Free developmental screening for children up to the age of 5.

### Child Support Enforcement

329-7910; 2675 Palmer St., Ste. C Missoula; M-F 8-5 [www.childsupport.mt.gov](http://www.childsupport.mt.gov)  
❖ Provides federally mandated child support enforcement services.

### Christian Life Center Food Pantry

542-0353; 3801 S. Russell Missoula ; 2nd and 4th Mondays 4:30-6pm;  
[www.missoulachurch.com](http://www.missoulachurch.com)  
❖ Provides food to those in need.

### City Food Ministries

721-7804; 2811 Latimer St.; Food distribution Sat 10-12 pm;  
❖ A program of Clark Fork City Church and member of the Montana Food Bank Network, City Food Ministries provides food to those in need

### Community Dispute Resolution Center

543-1157; 1535 Liberty Lane Suite 117A Missoula 59808; <http://cdrcmissoula.org/>  
❖ Confidential mediation services at little or no cost. Programs specialize in solving landlord/tenant problems, parenting plans, employment disagreements, and family conflicts.

### Consumer Direct

406-541-1700; Email: [ConanG@consumerdirectonline.net](mailto:ConanG@consumerdirectonline.net); 100 Consumer Direct Way, Missoula, MT 59808  
❖ Peer Recovery Coaching Project. A program designed to provide persons managing mental health and addiction concerns with a peer who has experience in this area.

### Crime Victim Advocate Program

258-3830; 317 Woody St. Missoula ; M-F 8:30-4:30 Wed 8:30 - 3pm  
[www.co.missoula.mt.us/rvs/cva.htm](http://www.co.missoula.mt.us/rvs/cva.htm)  
❖ CVA provides crisis counseling, advocacy and safety planning for victims of domestic violence, child abuse and other forms of partner family member assault (PFMA) CVA assists in obtaining orders of protection.

## E.

### Missoula Early Head Start

251-9410; 2121 39th St. Missoula ; M-F 8-4:30; [www.ravalliheadstart.org](http://www.ravalliheadstart.org)  
❖ Serves families with children from 0-three and pregnant women. Services include child development, health and wellness, and family services. Home-based programs include weekly home visits, bi-monthly parent /child groups. Center based program provides site based childcare from 8-3 M-F. All programs are no cost to low income families in Missoula County.

### Expanded Food & Nutrition Education Program (EFNEP)

258-4200; 2825 Santa Fe Court (County Missoula Extension Office) M-F 8-5, evenings by appointment; <http://www.missoulaeduplace.org/>  
❖ Nutrition, meal planning and cooking instruction. Focus is on spending the food dollar wisely while providing good nutrition. Free for limited income families.

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*This publication is created and distributed by:*



**WORD's mission is to strengthen our community by creating opportunities that support and inspire women.**

## F.

### Family Promise

207-8228; 202 Brooks St. Missoula 59801.; appointment only  
Email: casemanager@familypromisemissoula.net; familypromisemissoula.net

- ❖ Provides shelter and case management to homeless families and pregnant women through a network of churches.

### Families First / Missoula Children's Museum

406-721-7690; [www.childrensmuseummissoula.org](http://www.childrensmuseummissoula.org)

- ❖ Child rearing information, guidance and support for parents. Play groups for kids and individual consultations or support groups for parents/grandparents. Fees (sliding scale) for some classes. Monthly continuing education for professionals.

### First Call For Help (211)

549-5555, or call 211; 1801 S Higgins Missoula ; M-F 10-5

- ❖ First Call for help provides detailed information on all agencies listed in this guide, as well as additional community services, non-profit agencies and support groups. Limited financial assistance available.

### First Step

329-5776; 500 West Broadway St. Missoula 59802; [www.saintpatrick.org](http://www.saintpatrick.org)

- ❖ Provides assessment, treatment, education and prevention to promote healing for child victims of abuse, neglect, endangerment, child witness to violence and adult victims of sexual assault.

### Food Bank of Missoula

406-549-0543; 1720 Wyoming St, Missoula, 59801. M, T, Th 10am-7pm; W, F 10-1;  
[www.missoulafoodbank.org](http://www.missoulafoodbank.org)

- ❖ Emergency supply of food, monthly visits allowed. Brief screening interview for information and referral.

## G.

### Green Path Financial - Consumer Credit Counseling

543-1188; 1515 Fairview Ave, Ste 205; Missoula; Mon-Fri 9-5;

- ❖ Financial management, counseling and education. Debt repayment program for a small fee.

## H.

### Head Start

728-5460; 1001 Worden Missoula; M-F 8-5; [www.mtheadstart.org](http://www.mtheadstart.org)

- ❖ Free preschool, child care, weekly home visits and supportive services for families who are income eligible or have special needs.

### Healthy Montana Kids

877-543-7669

- ❖ Help to provide comprehensive health coverage to uninsured MT children who live in families with an annual income below \$50,000.

### Hope Recovery Center

532-9900, 1201 Wyoming Street, Missoula, MT 59801;  
[info@recoverycentermissoula.org](mailto:info@recoverycentermissoula.org); [www.RecoveryCenterMissoula.org](http://www.RecoveryCenterMissoula.org)

- ❖ Designed to meet the needs of those suffering from substance use disorders/addiction and co-occurring psychiatric disorders.

### Home Resource

541-8300; 1515 Wyoming Missoula; Mon-Thurs 9-6; F-Sat 9-5:30;  
Sun 10-4; [www.homesresource.org](http://www.homesresource.org)

- ❖ A non-profit building re-use center offering workshops, volunteer opportunities, and sales of salvaged and refurbished building materials.

### homeWORD

532-4663; 1535 Liberty Ln. #116a, Missoula  
[www.homeword.org](http://www.homeword.org) ; Mon-Thurs 8-5; Fri 8-12pm

- ❖ Home ownership center offers homebuyer education & financial education classes, open to the public. One-on-one financial counseling available. Provides unique rental housing with affordable rents for qualifying families and individuals.

### Human Resource Council

728-3710; 1801 S Higgins Missoula ; M-F 8:30-5; [www.hrcxi.org](http://www.hrcxi.org)

- ❖ Rental assistance (HUD sec. 8), energy costs (LIEAP, Energy Share) and energy conservation (weatherization) assistance, employment and training for youth and WORC teen parents, home owner rehab loans, support & assistance for disabled indigent adults.

## L.

### La Leche League of Missoula

406-493-1813 <http://www.lalecheleague.org>; Email: missoulall@gmail.com

- ❖ Provides education and support to breastfeeding mothers. Please call, email or check facebook for more information.

### The Lifelong Learning Center

549-8765; 310 S Curtis Missoula ; M-F 8a.m.- 8p.m.;  
[www.thelifelonglearningcenter.com](http://www.thelifelonglearningcenter.com)

- ❖ Adult Basic and Literacy Education. Basic skills classes, pre-employment program, English as second language classes, GED classes and testing and college preparation. Even Start program promotes family literacy. Some daytime and evening classes offered at no cost.

### Lutheran Social Services

549-0147; 1515 Fairview Ave. Missoula; [www.lssmt.org/](http://www.lssmt.org/)

- ❖ Adoption services both domestic & international. Free birth parent counseling.

## M.

### Missoula Aging Services

728-7682; 337 Stephens Missoula; M-F 8-5; [www.missoulaagingservices.org](http://www.missoulaagingservices.org)

- ❖ Advocates for seniors and assists with housing, medical benefits, care management, meal programs, transportation and financial management. Clearing house for seniors interested in volunteering in the community. Aging and disabilities Resource Center.

### Missoula Alliance Church Garage

251-3983; 100 E Foss Ct, Missoula, MT 59803; by appointment only.

- ❖ Minor auto maintenance for single parents. Oil check/fill fluids.

### Missoula City/County Health Department

406-258-4770; 301 W Alder Missoula; Mon, Tues, Thurs, F 9-11:30, 1-4:30; Wed 10-11:30, 1-4:30; [www.missoulacounty.us/government/health/health-department](http://www.missoulacounty.us/government/health/health-department)

- ❖ Offers maternal and child health services, including prenatal classes, home visits and breastfeeding support. Services offered at the out-patient clinic for adults and children include immunizations and pregnancy testing. Nutrition services including WIC, EatSmart and CATCH are also available.

### Missoula Forum for Children and Youth

258-3020; 223 W Alder St, Missoula, MT 59802; [www.missoulaforum.org](http://www.missoulaforum.org)

- ❖ Missoula Forum for Children and Youth is the hub of five coalitions: Healthy Start Council; Media Literacy Community Action Team; Missoula Adolescent Pregnancy, Parenting & Prevention Services (MAPPPS); Missoula Underage Substance Abuse Prevention (MUSAP); and Youth Development Network.

### Missoula Housing Authority

549-4113; 1235 34th Street; Mon-Thurs 8-5; [www.missoulahousing.org](http://www.missoulahousing.org);

- ❖ HUD-subsidized housing: Public Housing and Section 8. Intake/information application online at [www.missoula.house](http://www.missoula.house)

### Missoula Urban Indian Health Center

829-9515; 830 West Central Ave. Missoula 59801; M-Th 8:00-5:00 F 8-noon;  
[www.muilhc.org](http://www.muilhc.org)

- ❖ Services include outpatient chemical dependency counseling, youth tobacco prevention, assessments and group counseling. Health referral programs, diabetes/health education, private HIV testing/counseling. Sliding fee scale if determined eligible. Transportation to health services. Behavioral health clinic available.

### Missoula Interfaith Collaborative

406-207-8228; located in St. Paul Lutheran Church 202 Brooks St. Missoula  
Mon-Fri 9-5 [www.micmt.org](http://www.micmt.org)

- ❖ Made up of individual and congregation partners who came together with people affected by various struggles, as well as social agencies and businesses involved in addressing community challenges. Refers to the Welcome Back program.

### Missoula Job Service

728-7060; 539 S 3rd W; Mon, Wed, Thurs, Fri 7:30-6 Tues. 9-6;  
[www.wsd.dli.mt.gov/local/missoula/](http://www.wsd.dli.mt.gov/local/missoula/)

- ❖ Employment counseling, proficiency/aptitude testing, job referral training and placement. Computer Resource Center includes internet access, resume assistance, Montana Career Information System and Microsoft WORD access. Employer services. All services offered at no charge.

### **Missoula Public Library**

721-2665; 301 E Main; Mon-Wed 10-9, Thurs-Sat 10-6, Sun 1-5

Closed on all Legal Holidays [www.missoulapubliclibrary.org](http://www.missoulapubliclibrary.org)

- ❖ Persons may checkout reading materials, music CDs, audio and video cassettes. Story times for kids of all ages. Public access to internet.

### **Missoula Urban Demonstration Project (MUD)**

549-6790; 1527 Wyoming St, Missoula, MT 59801; Office: Mon-Fri 1-4pm; Tool

Library: Fri 4-7 Sat & Sun 10-4 Mon 4-7; [www.mudproject.org](http://www.mudproject.org)

- ❖ Provides tool lending library, self-reliant living classes (such as organic gardening, basic construction & home improvement skills) and a community-focused demonstration site to residents of the Missoula urban area.

### **Missoula Self Help Law Center**

406-277-6969; Missoula County Courthouse; 200 West Broadway, 2nd Floor Room 271 M-F 8:30am-4:00pm Email: [missoulaselfhelp@gmail.com](mailto:missoulaselfhelp@gmail.com)

- ❖ Provides assistance to those who cannot afford an attorney or who choose to represent themselves in civil legal matters.

### **Montana Community Development Corp (MCDC)**

728-9234; 844-728-9234; 229 East Main St. Missoula 59802; M-F 9-5; [www.mofi.org](http://www.mofi.org)

- ❖ Nonprofit, community development lender; business loans and consulting services for start-up and existing businesses that can't access bank financing; down payment assistance for homeownership.

### **Montana Fair Housing**

782-2573, 1-800-929-2611; 501 East Front Street, Suite 504, Butte, MT 59701;

[inquiry@montanafairhousing.org](mailto:inquiry@montanafairhousing.org); [www.montanafairhousing.org](http://www.montanafairhousing.org)

- ❖ Provides educational opportunities for industry representatives and consumers. Technical assistance for housing providers and consumers to ensure they understand their rights and obligations as provided by local, state, and federal non-discrimination laws.

### **Montana Legal Services Association**

543-8343; 800-666-6899; 211 N Higgins, Ste. 401 Missoula

Mon-Thu 8:30-5:30 Friday by appointment only; [www.mtlsa.org](http://www.mtlsa.org). Ask questions free online at [www.askkarla.org](http://www.askkarla.org)

- ❖ Services include assistance for problems related to family law, domestic violence, housing, bankruptcy law, landlord/tenant disputes, public benefits and consumer law.

### **Montana Vocational Rehabilitation**

329-5400; 1-888-279-7528; 2675 Palmer St., Suite A Missoula; Mon-Fri 8-5

- ❖ Helps people with permanent disabilities return to competitive employment. Variety of services including counselor on-the-job training, job location services and assessment to determine potential.

### **Mountain Home Montana**

541-4663; 2606 South Ave. W. Missoula; Mon - Fri 9-5 [www.mountainhomemt.org](http://www.mountainhomemt.org)

- ❖ A transitional housing program for homeless young women ages 16-24 who are pregnant or parenting.

## **N.**

### **NAMI: National Alliance on Mental Illness**

880-1013. Helena main office: 406-443-7871;

202 Brooks St., Rm 210, Missoula; [www.namimissoula.org](http://www.namimissoula.org)

- ❖ Supports, educates, and advocates for Montanans with mental illnesses and their families.

### **Narcotics Anonymous Hotline**

1-800-974-0062

- ❖ Provides meeting times, places and directions.

## **O.**

### **Office of Public Assistance**

1-888-706-1535; 2677 Palmer St., Ste. 100 Missoula ; M-F 8-5pm

[www.dphhs.mt.gov/hcsd/snap.aspx](http://www.dphhs.mt.gov/hcsd/snap.aspx)

- ❖ Access to S.N.A.P. (Supportive Nutrition Assistance Program, Child Care Assistance, Energy Assistance, Medicaid, and TANF (cash assistance).

- ❖ Provides support for TANF participants to transition into employment and become self-sufficient. Educate people on job hunting, assist with resumes, make job referrals and provide supportive services for employment-related expenses.

### **Open AID Alliance (formerly Missoula AIDS Council)**

543-4770; 1500 W. Broadway Ste. A Missoula ; Mon-Thurs 9-5; Fri 9-3

[www.openaidalliance.org](http://www.openaidalliance.org)

- ❖ Offers free, anonymous HIV testing by walk-in or appointment (rapid results in 20 minutes); STI screening and syringe exchange program; case management and housing assistance to people living with HIV; outreach and education about HIV to the community. Treatment services including peer support and peer support groups.

### **Open Way Mindfulness Center**

549-9005; 702 Brooks Avenue, Missoula 59801, Tuesday 7pm-9pm

- ❖ Free to attend and open to everyone. The format includes two periods of sitting meditation with walking meditation in between, followed by either a tea ceremony, dharma discussion, dharma talk, sutra service, or reading the mindfulness trainings

### **Opportunity Resources**

721-2930; 2821 S Russell Missoula; M-F 8-5; [www.orimt.org](http://www.orimt.org)

- ❖ Training and employment services for adults with disabilities. Also offers in home assistance and direct support for adults with developmental, intellectual or physical disabilities.

## **P.**

### **Parenting Place**

728-5437; 1644 S 8th W Missoula; M-Th 9-4 Fri by appointment only;

[www.parentingplace.net](http://www.parentingplace.net)

- ❖ Parenting classes, respite care, and volunteer parent aides and mentors.

### **Parents, Let's Unite for Kids**

255-0540; [www.mtpluk.org](http://www.mtpluk.org)

- ❖ PLUK is a free parent training and information center offering support, assistance, referral service, workshops and a special education library to parents of children with disabilities and chronic illness.

### **Partners in Home Care**

728-8848; 2687 Palmer St., Ste. B Missoula; Mon-Fri 8-5

[www.partnersinhomecare.org](http://www.partnersinhomecare.org)

- ❖ Support and care for patients diagnosed with an illness and a life expectancy of six months or less. Provides hospice care as well as palliative care for pain management.

### **Partnership For Children**

543-5531; 2825 Stockyard Rd Suite A11

- ❖ Offering short-term and longer-term group home care, guidance and treatment to children in need. Support and train foster parents.

### **Partnership Health Center**

258-4789; 401 Railroad St W, Missoula; M,W, F 8-6 Tues 9-6 Thur 8-7

[www.partnershiphealthcenter.com](http://www.partnershiphealthcenter.com)

Primary health care for all, with sliding scale fees for those not covered by Medicaid, Medicare, or insurance. Confidential HIV counseling and testing. Breast and Cervical Health Program for low-income women 50-64, Health care for the homeless, OB care, limited pharmacy, dental and mental health services also available.

### **Planet Kids**

542-3346; 1130 W Broadway Missoula; Call for more information

- ❖ Supervised visitation and exchange center offers on-site monitoring, exchange monitoring and referrals for resident and non-resident parents and their children.

### **Planned Parenthood**

728-5490; 219 E Main Missoula; M, T, Th, F 9-6 & Sat 9-12

[www.plannedparenthood.org/montana](http://www.plannedparenthood.org/montana)

- ❖ Reproductive health care, contraceptives, education and counseling for men and women. Testing and medical services for pregnancy and sexually transmitted infections. Fees on a sliding scale.

### **Poverello Center**

728-1809; 1110 W. Broadway Missoula; Open 24/7; [www.thepoverellocenter.org](http://www.thepoverellocenter.org)

- ❖ Provides meals and supportive services to Missoula's homeless populations

## **S.**

### **Salvation Army**

549-0710; 355 S. Russell, Missoula 59801;

- ❖ Emergency assistance with food, lodging, bus transportation, showers, laundry and household necessities. Winter housing assistance. Gateway referral point to family shelters in Missoula.

## Student Assault Resource Center (SARC)

406-243-4429 \*24 hr. help line 243-6559;

Curry Health Center, 634 Eddy St. Missoula; Mon-Fri 9-4 [www.umt.edu/curry/SARC](http://www.umt.edu/curry/SARC)

❖ Confidential resource center for students and community members who are survivors of sexual and relationship violence, stalking and sexual harassment.

## Social Security Administration

866-931-9029; 1-800-772-1213 M, T, Th, F 9-4; W 9-12; 3701 American Way, Missoula 59808; [www.socialsecurity.gov](http://www.socialsecurity.gov)

❖ Social Security numbers, claims for retirement, disability, Medicare, and supplemental social security income benefits.

## St. Patrick's Neurobehavioral Medicine

327-3011; 902 N. Orange, Ste. 102 Missoula; Mon-Fri 8-4:30 Intake 24/7

❖ Mental health acute stabilization.

## Summit Independent Living

728-1630; 700 SW Higgins, Ste. 101 Missoula, 59802; M-F 8:30-5;

[www.summitilc.org](http://www.summitilc.org)

❖ Advocacy for persons with disabilities, independent living skills training, peer advocacy and information/referral for disability issues. Fiscal agent services for individuals in a self-directed Medicaid assistance program.

## Sunburst Foundation

406-203-9948; 1511 S Russell, Missoula, [www.sunburstfoundation.org/missoula](http://www.sunburstfoundation.org/missoula)

Provides Mental Health Services to Missoula Community. Offers Out Patient therapy, Medication Management, Home Support Services, Service Coordination, Skills group, Village and drop-in center, Partnership with Salish Kootenai College. Also offers Chemical dependency therapy, In-home parent program, and Arts and Education Program.

## T.

### 3 Rivers Mental Health Center

830-3294; 715 Kensington Ave. #24b, Missoula 59801; Mon-Fri 8-5pm;

[www.3riversmhs.com/index.html](http://www.3riversmhs.com/index.html)

❖ Provides adult case management; medication management; out patient therapy; mental health assessments and diagnosis; representative payee services; support with activities of daily living; support and advocacy for people with mental illness; an intensive community based service program which includes face to face medication reminders and medication prompts; a work program and many mental health groups.

### Trio Educational Opportunity Center

243-5032; The University of Montana, Lommasson Center 180

❖ Offers a range of services aimed at increasing college graduation and graduate school enrollment for eligible students at the University of Montana. Services include tutoring, academic advising, mentoring, academic coaching, study skills courses, scholarships, and workshops.

### Turning Point Addiction Services

532-9800; 1325 Wyoming St. Missoula 59801

❖ Adult assessment, outpatient treatment services and supported living programs for persons with substance abuse problems. Assessment and outpatient treatment services for adolescents and their families. ACT program.

## U.

### Union Gospel Mission (formerly Missoula 3:16)

926-6477; 506 B Toole Ave; [www.ugmofmissoula.org](http://www.ugmofmissoula.org)

❖ Christian-based day mission with services including Breakfast M-F 7-8:30; Lunch M-F 12-1, Dinner Fri 4:30-6, Sunday breakfast 7-9. Food boxes Th-Fri 1-2

### United Way

549-6104; 412 W Alder St, Missoula, MT 59802 [www.missoulaunitedway.org](http://www.missoulaunitedway.org)

❖ Focus on education, income, health. Collaborates with diverse community partners to identify important social issues and bring together resources to address them.

**U of M Food Pantry** 406-243-2451; Call ASUM; Opens February 2019

## V.

### Veterans Center

721-4918; 910 Brooks St, Missoula; Mon-Fri 8-4:30

❖ Mental health counseling for veterans from combat periods or those who have experienced sexual trauma in the military.

## W.

### Watson Children's Shelter

549-0058; 2901 Fort Missoula Rd. & 4978 Buckhouse Ln. Missoula

[www.watsonchildrenshelter.org](http://www.watsonchildrenshelter.org)

❖ 24-hour emergency shelter for children ages 0-14 in crisis situations.

### Western Montana Mental Health Center

Mental Health Emergency Hotline: 532-9710

1315 Wyoming St. Missoula; [www.wmmhconline.org](http://www.wmmhconline.org)

#### Services:

**Adult Mental Health Services:** 532-9700, 1315 Wyoming Missoula

Email: [missoulaadults@wmmhc.org](mailto:missoulaadults@wmmhc.org)

❖ Provides counseling and support for adults with mental illness.

**Child and Family Service Network:** 532-9770 Fax: 541-3034

Mon-Fri 8-5; 1305 Wyoming Missoula

Email: [missoulachildren@wmmhc.org](mailto:missoulachildren@wmmhc.org)

**Missoula Addiction Services**

532-9800; 1325 Wyoming Missoula; M-Th 8:30-6pm & Fri 8:30-4pm

[www.westernmontanaaddictionservices.org](http://www.westernmontanaaddictionservices.org)

**Flagship:** 532-9825 Fax: 541-3032; 1325 Wyoming Missoula

[www.flagshipprogram.org](http://www.flagshipprogram.org)

❖ Community/school partnership with a focus on prevention, bringing community resources to schools, connecting young people with community and providing after-school and summer activities.

### WIC (Women, Infants, and Children)

258-4740; 301 W. Alder Missoula; Email: [WIC@co.missoula.mt.us](mailto:WIC@co.missoula.mt.us)

Mon-Wed 8-5:30, Thur 8-6, Fri 8-5

❖ Provides specific nutritious foods needed during pregnancy and early childhood. Nutrition information, referrals to health and social service agencies and breastfeeding support. Now on the ewic card.

### Winds of Change Mental Health

541-4673; 1120 Cedar St, Missoula; 529-4673 24/7 Crisis line

[www.windsofchangemontana.com](http://www.windsofchangemontana.com)

❖ Community rehab/support and targeted case-management. Offers referral, advocacy, resources, treatment planning, monitoring and follow-up of adult mental health issues, including psychiatric medication management and outpatient therapy. Sliding fee scale-will diagnose.

### Women's Opportunity & Resource Development (WORD)

543-3550; 2405 McIntosh Loop Missoula; Mon-Thurs 9-5; [www.wordinc.org](http://www.wordinc.org)

❖ **WORD, Inc.** Strengthening our community by creating opportunities that support and inspire women. Current programs include:

❖ **Families in Transition** provides Family Advocacy, housing counseling & parenting education with goals to strengthen families and prevent homelessness.

**Summer Arts and Leadership Camp** for children 8-14 who are homeless.

❖ **Family Resource Center** offers information on parenting, education, literacy development, availability of computers, lending library, resources and referral.

❖ **Parents as Teachers** provides parenting education and family support to families throughout pregnancy until their child enters kindergarten, usually age 5, through personal visits, parent group meetings and screenings for child development.

## Y.

### YWCA of Missoula

543-6691; 542-1944 (24-hr crisis line); 1130 W Broadway Missoula;

Walk-in hours: Mon-Fri 12-4; [www.ywcaofmissoula.org](http://www.ywcaofmissoula.org)

❖ Food, shelter, counseling and support groups for survivors of domestic and sexual violence. Transitional housing facilities for homeless women and children.

### Youth Dynamics

406-728-9672; Fax: 406-728-9716 619 SW Higgins, Unit E, Missoula 59803;

[www.youthdynamics.org](http://www.youthdynamics.org)

❖ Helps young people with problems. Services include parent education and support, youth mentors, individual and family therapy, youth case management, respite care, foster care, supervised visits, therapeutic youth group homes, supported independent living skills, day treatment, and medication management.

### Youth Homes Outpatient Counseling

721-2704; 541-1663 Email: [info@youthhomesmt.org](mailto:info@youthhomesmt.org); [www.youthhomesmt.org](http://www.youthhomesmt.org)

❖ Youth Homes cares for children who are facing abuse, neglect, emotional trauma and substance abuse problems. Emergency shelters, therapeutic group homes, foster care adoption programs and counseling services for children.